

# WARMINSTER PIONEERS



## Warminster Pioneers Youth Football and Cheerleading

### COVID INFORMATION

#### Warminster Pioneers will follow ALL CDC/PIAA guidelines for GREEN PHASE

PLEASE read the guidelines and make sure you are FULLY aware of what is needed in order for us to keep playing SPORTS! We want to make sure every child is safe, happy and healthy!

- We will be taking temperatures of all children before EACH practice/game. If your athlete has a temp over 100.4 they will be sent home directly. DO NOT drop off your child and leave premises without them being cleared. We will use a wash off stamp or marker when your athlete has been cleared good to practice.
- NO TEAM WATER BOTTLES OR SNACKS, Please bring water for your child clearly labelled- it will be tossed if it does not have your child's name on it. We will not have team water for the kids teams at this time.
- NO sharing gear or equipment- Everything you bring must go home with you.
- NO joining teammates on the field until you are cleared to play- We will release your team's spot in a separate email on where you need to go as soon as you get to Werner Park. We will have them spread out to reduce crowding and congestion.
- Mixing of groups will be discouraged - Please refrain from gathering in the lot or open spaces near the field. Stay with the assigned group/team
- Spectators will not be encouraged - if spectators are present, they must maintain social distancing protocols which include wearing face masks, personal hand sanitizer, but are encouraged to stay in their personal vehicle instead
- No athlete will receive equipment without a parent or guardian handing in the COVID Waiver.
- If at any time our government sets us back to yellow or red, we will let everyone know our guidelines going forward. Our refund policy has changed as well to reflect these changes.

**MORE GUIDELINES- UPDATED BELOW 7/30/2020**

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## **Density:**

Population/crowd density known risk factor for COVID-19. Currently, PA requires gatherings of <250 people, NFHS for phase 3 recommends <50. With this in mind, recommend:

- Limiting parent or guardian at practice if social distancing cannot be followed. If a parent or guardian is at practice, a mask is mandatory at all times.
- Non-participants remain at least 6 ft apart, avoid congregating in large groups
- Discourage persons older than age 65 or underlying medical conditions from attending if possible. – (Recommended)
- Spectators are prohibited from sitting on bleachers / benches.
- Each team designates their individual practice space by cones/paint etc. Spectators must remain 15ft away from the designated practice area.

## **Screening/Symptoms**

All players screened for both temperature (100.4 F) and symptoms (fatigue, lethargy, fever, body aches, insomnia, respiratory symptoms, GI illness) prior to every practice. Screening is mandatory and needs to be done prior to every practice.

- Every parent must sign the Pop Warner waivers prior to starting practice.
- Every parent must conduct a pre-screen on their own before every practice. If the child has symptoms, it is the parents responsibility to withhold their child from practice.
- One staff member for each team will be designated to perform temp checks.
- A check-in tent will be set up at each practice for the player, coaches, parent temp.
- If a temperature is equal to or greater than 100.4 F the individual must leave the facility and not return until fever free / negative COVID-19 test.

## **Pre-practice**

- Staggering arrival times for practice for different teams is recommended (every 5-10 minutes).
- Hand washing mandatory for all players and staff.
- Mandatory wipe down of all equipment pre practice (includes balls)
- Interactions prior to practice or warm ups should be highly discouraged.

## **Face Coverings**

- Face coverings over nose and mouth mandatory for all coaches and spectators during entirety of practice. **(INCLUDES PARENTS AND SIBLINGS NOT PARTICIPATING IN PRACTICE)**
- All players must remain 6ft apart during breaks or when on sidelines. Water bottle Sharing is prohibited. Every child must have their own. .

## **Practice**

- Drills or groups (25 or fewer) during practice at all times. Only 50 people can be together for each practice on field.
- Practice periods and drills involving full squad is prohibited.
- Wipe down equipment (pads, balls, sleds, etc.) after completion of practice period and each drill. As much as possible.
- No whistles are to be used by any coach at any time.
- No stunting at any time for cheer
- Socially distancing is mandatory during cheer practice at all times.
- No fist pumps, high fives at any time.
- No huddles
- No blocking drills may include direct player to player contact. All drills should use pads when teaching blocking and tackling.

## **Post-practice**

- Wipe down all equipment / balls. Suggest players and cheer to shower immediately once home.